

Course Schedule, May - August, 2019

Cherokee Mounds

1 Session
Thursday
May 2
10:00 a.m. - Noon
**BRCC - Room 150
Patton Building**

Member Fee: \$20
Non-Member Fee: \$30



The traditional homeland of the Cherokee Indians was in the heartland of western North Carolina. In this course, we will discuss the archaeology of their mounds and towns, as well as examining the Cherokees' evolving household construction, trade patterns and lifestyles.

Dr. Ben Steere is an Assistant Professor of Anthropology and Director of the Cherokee Studies Program at Western North Carolina University. He has been honored with the Principal Chief Leon D. Jones Award for Archaeological Excellence presented by the Eastern Band of Cherokee Indians. This award recognizes Dr. Steere's extensive research over the past five years mapping Cherokee towns and mounds. He believes that archaeological field work, while respecting traditional Cherokee beliefs and treatment of sacred places, leads to a better understanding of the Cherokee culture.

In addition to his teaching and research, Dr. Steere serves on the Southeastern Archaeological Conference Public Outreach Committee.

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## American History Through Art

3 Sessions  
Mondays  
May 6, 13 & 20  
10:00 a.m. - Noon  
**BRCC - Room 150  
Patton Building**

Member Fee: \$40  
Non-Member Fee: \$50

Virtually all art through the ages has been in some way representational. Thus it is possible to trace the development and evolution of civilizations through the works of art they left behind. This course will illustrate, through a variety of art forms, the development of the American nation; the major historical themes, events, people and their ways of life.

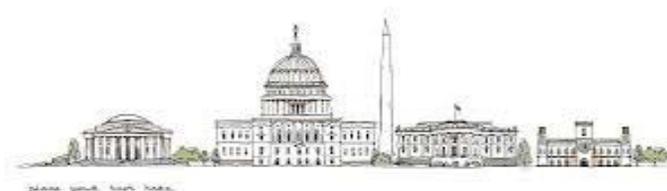
Art will be considered broadly (although the performing arts are not included). Architecture, painting and sculpture first come to mind, but also such forms as engraving (think paper money and newspaper illustration), furniture, pottery, metalworking, political cartoons and photography. It should be emphasized that this course is not about 'Art History'; it is about 'American History'.

Session 1: 1492 to 1700

Session 2: The 1800s

Session 3: The 1900s

**Richard DeSimone** is by profession a chemist, having had careers in both university teaching and industrial research. History has always been of more than casual interest to Richard, and American history in particular has been his main focus.



## Course Schedule, May - August, 2019

### Adventures in Archaeology

1 Session  
Wednesday  
May 8  
1:00 - 3:00 p.m.  
**BRCC - Room 150  
Patton Building**

Member Fee: \$20  
Non-Member Fee: \$30



This course will provide an exploration of several cultures through the study of various excavation sites.

We will cover the UNESCO World Heritage Site at Poverty Point in Louisiana, which was inhabited by Bronze Age American Indians between 1700 and 1100 BCE, and the Hohokam site in Arizona. Then on to the Aztecs, who were thought to be a nomadic tribe which settled in Mexico at the beginning of the 13th century AD.

We will then move to the Mediterranean area and explore the Etruscan civilization of Italy, from 900 to 100 BCE, in the ancient city of Cetamura, now famous for its Chianti. Crossing the Mediterranean we will find evidence of the Minoan civilization, which lasted from 2700 to 1450 BCE. This is represented by the Palace of Knossos on the island of Crete and the impressive remains of the city of Akrotiri on the island of Santorini, which was destroyed by the eruption of the volcano in the 16th century BCE and turned the city into a Bronze Age Pompeii.

**Jim Brewer**, a native of Louisiana, was first exposed to archaeology as a young boy exploring Poverty Point, the site of the oldest earthworks in North America. After high school, Jim joined the USMC and traveled extensively, including Central America and Europe. Following his transition from active to reserve, Jim attended LSU, where he majored in Cultural Geography and minored in Anthropology/Archaeology and explored the Southwest, focusing on the Hohokam cultures.

After graduation, Jim attended FSU, choosing Classical Archaeology with a concentration in Aegean Bronze Age. He excavated Etruscan, Mycenaean and Minoan sites, eventually graduating with a thesis on the eruption date of the Minoan city of Akrotiri (modern Santorini). Jim earned his doctorate from FSU in Humanities, with a dissertation on The Tribute of the Locrian Maidens - a Bronze Age tradition that lasted for perhaps 1,000 years.

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Organic Gardening

1 Session
Thursday
May 9
1:00 - 3:00 p.m.
**BRCC - Room 150
Patton Building**

Member Fee: \$20
Non-Member Fee: \$30

Are you interested in learning how to grow flowers and vegetables without chemicals? Do you want to help protect beneficial and pollinating insects by using less pesticides?

Organic gardening is the science and art of growing fruits, vegetables, flowers and ornamental plants by following the essential principles of organic agriculture in soil building, conservation, pest management and heirloom variety preservation. This is an alternative gardening system that relies on fertilizers of organic origin such as compost manure, green manure and bone meal, as well as techniques such as plant rotation, the use of native plants, and companion planting. Naturally occurring pesticides are permitted, but synthetic substances are generally discouraged.



Steve Pettis is the Consumer and Commercial Horticulture Agent for the NC State Cooperative Extension Center in Henderson County. He is an expert in both commercial and consumer horticulture and pest management.

Course Schedule, May - August, 2019

Flat Rock Homes: The Nation's History in Our Own Back Yard

1 Session

Thursday

May 23

10:00 - Noon

**BRCC - Room 150
Patton Building**

Member Fee: \$20

Non-Member Fee: \$30



Welcome to a very special place, the Village of Flat Rock, NC. Beginning with the occupation of Flat Rock by the Cherokee Indian tribe known as the 'Mountaineers', we will hear why 'the flat rock' was so important, where it was, and where it is today. Who were the first settlers, where did they come from, where did they live, what did they do? First came the Indian trails, then livestock routes, then roads, and who built them....the final push for travel into the mountains and beyond. Hear about the significant 19th century arrival of the Low Country gentry, and how central so many of them were to the formation of the United States as we know it today.

Learn about the importance of St. John in the Wilderness Church to the community and who rests in the Churchyard; how the area survived in the Civil War; the arrival of the railroad and its effects on all of Henderson County.

Flat Rock is one of the largest historic districts on the National Register of Historic Places. We will discuss the long road to completion of the registration, the architectural significance of the village, and how it's evolving into modern day life.

Born in Ottawa, Canada, **Galen Reuther** moved to Ohio in her teenage years. After attending design school in New York, Galen's career included time with Clairol Inc. and Parsons School of Design, 15 years as a travel agent and finally as a real estate broker and antique business owner in Vermont. Galen and her husband then moved to Charleston, where she became involved with Historic Charleston and studied to become a tour guide for the Charleston Home and Garden Tours.

Since moving to NC in 1999, she has served on numerous committees and boards, including Historic Flat Rock and the Hendersonville Symphony. Galen has written three non fiction *Images of America* volumes: *Flat Rock, the Little Charleston of the Mountains, Connemara, the Carl Sandburg Home and Hendersonville* (with Lu Ann Welter), as well as innumerable articles for local publications. Galen lives in Flat Rock.

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### Learn to Play Canasta

3 Sessions

Monday, Wednesday &  
Monday

June 10, 12, 17

1:00 - 3:00 p.m.

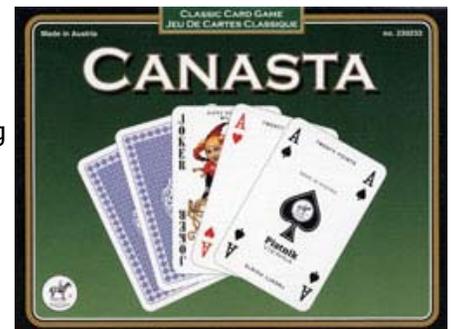
**BRCC - Room 122  
Continuing Education  
Building**

Member Fee: \$40

Non-Member Fee: \$50

Remember that card craze that swept the country in the 1950s - Canasta? In this course you can refresh your memory and start having fun with it again. However, the course will start from the very beginning, so you don't have to have ever played before. Canasta, a form of Rummy that is played with two decks of cards and four players on two teams, is a mixture of luck in getting the right cards and skill in knowing how to play them. You can enjoy the game as a novice as long as you learn the simple rules. Then, as you play and build skill, the game will become addictive. Some people play Canasta purely for the social benefits, while others who are more competitive go on to play in Canasta tournaments.

**Sheila Solen** is a retired IT professional with an MS in Management Information Systems. During her career she was responsible for many training courses and one-on-one training sessions for professionals and management. Sheila has also taught part-time as an Adjunct at the University of Miami, School of Business. She has been playing Canasta for eight years on a regular basis and has developed an easy-to-follow guide for the game.



## Course Schedule, May - August, 2019

### U.S. Government

3 Sessions

Thursdays

June 6, 13, 20

1:00 - 3:00 p.m.

BRCC - Room 122

Continuing Education Building

Member Fee: \$40

Non-Member Fee: \$50



This course will cover the three constitutional branches of government, which consist of the following:

**The Congress:** Apportionment of House Seats; Congressional Districts; who can be a member of Congress; the Power of Incumbency; Congressional terms; Congressional leadership, the Committee System and Bicameralism; Impeachment Power and Senate Confirmation.

**The Presidency:** Who can become President; the President's roles as Commander in Chief, Head of State and political party leader; Presidential Powers and the organization of the Executive Branch.

**The Judiciary:** The origins and sources of American law; the Federal Court system; Federal Judicial Appointments (nomination and confirmation process); Judicial activism versus Judicial restraint; Ideology and today's Supreme Court.

**CORY KALE** is Adjunct Professor of Political Science and American Government at the Blue Ridge Community College, Transylvania Campus. He obtained a B.A. in Political Science from the University of Southern California and a J.D. from the Southern Methodist University School of Law.

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Introduction to the Enneagram

2 Sessions

Tuesdays

June 18, 25

1:00 - 3:00 p.m.

BRCC - Room 122

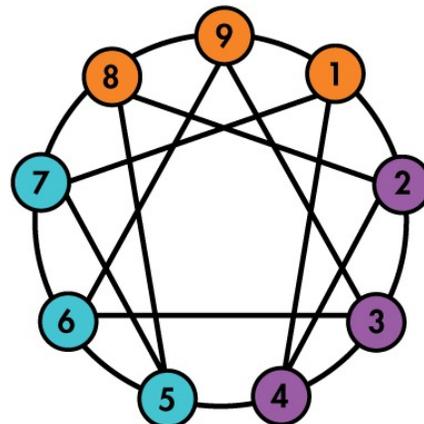
Continuing Education Building

Member Fee: \$30

Non-Member Fee: \$40

Do you ever wonder why you just can't get along with some people? The Enneagram system is a powerful tool to look at nine distinct personality strategies of how we humans cope in relationships, work, and the world. The system is used with corporate, business, educational institutions and religious communities to assist employers, employees, teachers, students, parents, faith leaders and congregants in better understanding themselves and those with whom they relate. Learn which personality type is your home base and how to connect better (and with less stress) to your colleagues, friends, and family. We will study the Perfectionist, the Giver, the Performer, the Romantic, the Observer, the Loyal Skeptic, the Epicure, the Protector and the Mediator, and explore how we can deepen self-awareness and compassion for ourselves and others.

Carol Hovis is a Presbyterian minister and certified Enneagram teacher with the Enneagram Studies in the Narrative Tradition. She received a B.A. in International Relations from Dickinson College and an M.Div. from Union Theological Seminary in New York. She has led retreats for more than thirty years as a clergy person, and has led Enneagram workshops since 2016. For a taste of what you might expect at these classes, have a look at Carol's website at www.carolhovis.com. Then join us for two interesting sessions.



Course Schedule, May - August, 2019

The Dead Sea Scrolls

2 Sessions

Mondays

June 24 & July 1

10:00 a.m. - Noon

BRCC - Room 150

Patton Building

Member Fee: \$30

Non-Member Fee: \$40

Astounding archaeological discoveries in the late 1940s and early 50s provide remarkable insight into the life, times and beliefs of pre-rabbinic Judaism and the years before the advent of Christianity. The content of the scrolls promotes a fuller understanding of the setting for the development of both Jewish and Christian thought.

First session: A Transformative Discovery
Second session: The Scrolls' Significance Today

Rabbi Sanford T. Marcus is Rabbi Emeritus of the Tree of Life Congregation, Columbia, SC. He served as the spiritual leader of the synagogue for twenty years prior to his retirement in 2006. While in Columbia, he has served as Adjunct Professor of Jewish History at the University of South Carolina for twenty-two years and has been active in organizations promoting interfaith and interracial cooperation.



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## Amtrak

2 Sessions

Tuesday & Thursday

July 16, 18

10:00 a.m. - Noon

**BRCC - Room 150**

**Patton Building**

Member Fee: \$30

Non-Member Fee: \$40

This is an update to the popular class offered in Spring, 2017. John Pezzano and his wife are avid Amtrak travelers and have made many trips around the country using Amtrak. Cities and states to which they have traveled include: New Orleans; El Paso; Boston; Portland, ME and Portland, OR; Vermont; NYC (and cities on the way on other trips); DC; Florida; Albuquerque; Chicago; Florida; Michigan and Los Angeles. John will share his first-hand knowledge (both good and bad) on how to travel Amtrak and experience a unique way to see the country. If you have always wanted to ride the rails, or just desire to learn more about Amtrak, this is the course for you.

Topics to be covered include:

- Finding the best deals and when to travel
- Which city to board the train when traveling from stations near Hendersonville, and why
- What level of service to use (coach, business class, roomette, bedroom) and what they are like
- Superliner vs. Viewliner trains; flying vs. driving vs. train
- The good, the bad and the ugly
- Buying tickets, including lost tickets, trip cancellations and trip upgrades enroute
- Missed connections
- Baggage rules and tips
- Pets on board
- Handicap travel
- Recent changes and upcoming changes
- Where to get good information for specific questions



**John Pezzano** has a Master's Degree in engineering. After serving 12 years as an Air Force officer, he then retired from Hewlett Packard. John also has an extensive computer background as a security consultant, and knows all the tricks on how to get the latest information related to train travel as well as hotels, airlines, local transit and restaurants. John is a top contributor on the travel website, TripAdvisor, with over 200 reviews.

## Course Schedule, May - August, 2019

### Climate Change

1 Session  
Wednesday  
July 17  
10:00 a.m. - Noon  
**BRCC - Room 150**  
**Patton Building**

Member Fee: \$20  
Non-Member Fee: \$30



This class will take the subject back to its fundamentals and begin with some discussion about just what governs our climate in the first place. What is the greenhouse effect, and why is it so bad? What are the implications of climate change, and how are we even so sure it's happening?

We'll start by talking about the science itself, as well as some of the common questions we get. Because it can't be avoided any more, we'll then touch on the politics of the situation and how we're currently navigating the controversy we wish had never happened.

**Scott Stevens** grew up in Oklahoma, where people are going to be interested in the weather regardless of whether or not they want to be! Scott went to college expecting to be a forecaster, but decided that he liked statistics more than atmospheric dynamics. He found a home in climate data, where there is a wealth of information just waiting to be analyzed. After graduate school (where he obtained a Master's in Atmospheric Science from Colorado State University), Scott moved to Asheville in 2010. His wife works alongside him as a scientist with the National Climate Assessment. In what little spare time he has, Scott is a private pilot and is also the Director of Emergency Services for the NC Wing of the Civil Air Patrol.

This course will allow you to learn about and experience a variety of meditation practices, including focused meditation, visualization, the sound meditation of Vedic mantras, and moving meditation of T'ai Chi Chih. We will discuss the health benefits of meditation as well as the potential of expanding one's consciousness through these meditative practices. Each class will include two meditations, and resources will be provided so attendees can begin to meditate at home between classes.

### Om: An Introduction to Meditation

3 Sessions  
Thursdays  
August 1, 8, 15  
1:00 - 3:00 p.m.  
**BRCC - Room 150**  
**Patton Building**

Member Fee: \$40  
Non-Member Fee: \$50

**Sally Ekaireb** became interested in health and healing in the 1990s. A graduate of Colgate University and the School of Homeopathy, New York, Sally is currently certified as a Tzaddi Healer and Counselor. In 2004 she began her private practice in NYC and in 2014 she expanded her practice by moving to Weaverville, NC.



### History of Astronomy: From Stonehenge to Hawking

6 Sessions  
Thursdays  
August 22, 29 and  
September 5, 12, 19, 26  
10:00 a.m. - Noon  
**BRCC - Room 150**  
**Patton Building**

Member Fee: \$70  
Non-Member Fee: \$80

Mankind has been fascinated with the heavens since prehistoric times, and our understanding of the Universe has been built up over the centuries by a gradual process of curiosity, discovery and wonder. We will follow this process through the contributions of Copernicus, Galileo, Hubble and many others to reach our latest and still ongoing exploration of the mysteries of the night sky.

- Week 1: Prehistoric astronomy: the BC era
- Week 2: The geocentric universe, and the Copernican revolution
- Week 3: The new solar system: Tycho and Kepler
- Week 4: The telescopic revolution: Galileo and Newton
- Week 5: After Newton: The solar system
- Week 6: After Newton: The cosmos

**Mark Whipple** taught high school physics and astronomy for 33 years, primarily in Maryland, before retiring to North Carolina. He has served internships at the Goddard Space Flight Center and the National Air and Space Museum. Never fully retired from astronomy, Mark continues to teach what he loves.



# Course Registration, May - August, 2019

**ONE FORM PER PERSON. NOTE - CLASS CONFIRMATIONS ARE NOT SENT.**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_  
Last
First
MI

\_\_\_\_\_ Street
City
State/ZIP

Email: \_\_\_\_\_

*The following information required by NC State Board of Community Colleges:*

Employment Status: Full Time  Part Time  Retired  Do Not Work

Highest Level of Education: High School  2-Year College  4-Year College  Higher

SIGNATURE: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

*Please mark circles to indicate your course registration choices. If you need to drop a course, all requests must be in writing (email or mail) and received **PRIOR TO** the start of the course.*

|               |                                                      |                      |              |               |                                                                   |                      |              |
|---------------|------------------------------------------------------|----------------------|--------------|---------------|-------------------------------------------------------------------|----------------------|--------------|
| ○064<br>56842 | Cherokee Mounds<br>5/2<br>10 a.m. - Noon             | Member<br>Non-Member | \$20<br>\$30 | ○070<br>56848 | U.S. Government<br>6/6, 13, 20<br>1-3 p.m.                        | Member<br>Non-Member | \$40<br>\$50 |
| ○065<br>56843 | History Through Art<br>5/6, 13, 20<br>10 a.m. - Noon | Member<br>Non-Member | \$40<br>\$50 | ○071<br>56850 | Enneagram<br>6/18, 25<br>1-3 p.m.                                 | Member<br>Non-Member | \$30<br>\$40 |
| ○066<br>56844 | Adventures in Archaeology<br>5/8<br>1-3 p.m.         | Member<br>Non-Member | \$20<br>\$30 | ○072<br>56851 | Dead Sea Scrolls<br>6/24 & 7/1<br>10 a.m. - Noon                  | Member<br>Non-Member | \$30<br>\$40 |
| ○067<br>56845 | Organic Gardening<br>5/9<br>1-3 p.m.                 | Member<br>Non-Member | \$20<br>\$30 | ○073<br>56852 | Amtrak<br>7/16, 18<br>10 a.m. - Noon                              | Member<br>Non-Member | \$30<br>\$40 |
| ○068<br>56846 | Flat Rock: Then & Now<br>5/23<br>10 a.m. - Noon      | Member<br>Non-Member | \$20<br>\$30 | ○074<br>56853 | Climate Change<br>7/17<br>10 a.m.-Noon                            | Member<br>Non-Member | \$20<br>\$30 |
| ○069<br>56847 | Canasta<br>6/10, 12, 17<br>1-3 p.m.                  | Member<br>Non-Member | \$40<br>\$50 | ○075<br>56854 | Meditation<br>8/1, 8, 15<br>1-3 p.m.                              | Member<br>Non-Member | \$40<br>\$50 |
|               |                                                      |                      |              | ○076<br>56855 | History of Astronomy<br>8/22, 29, 9/5, 12, 19, 26<br>10 a.m.-Noon | Member<br>Non-Member | \$70<br>\$80 |

**FOR OFFICE USE ONLY**

Student ID # \_\_\_\_\_ Receipt # \_\_\_\_\_

Please make checks payable to "BRCC"

**PLEASE NOTE, COURSE CONFIRMATIONS ARE NOT SENT.**

# of courses \_\_\_\_\_ Total \$ \_\_\_\_\_ Check # \_\_\_\_\_

Return to: Blue Ridge Center for Lifelong Learning, 180 West Campus Drive, Flat Rock NC 28731

For courses, each member must enroll individually, **one form per person**. You may write one check for all courses made payable to "**BRCC**." Unless you are notified to the contrary, your registration has been accepted. Refunds must be requested in writing *before a course begins*. No refunds will be issued after a course begins. Pursuant to College Procedure 8.1.1 Blue Ridge Community College reserves the right to use photographs, motion pictures and electronic images of students who are age 18 or older for marketing and promotional purposes. Objection to the use of an individual's photograph in such a manner may be made in writing to the BRCC Director of Public Relations.